

Hello HCRA Family:

A new ringette season is just around the corner! We hope you have had a fun and restful summer.

- Please find attached the necessary documents to register your child for the 09-10 ringette season. Please read the Summer Registration letter carefully and follow the instructions therein. Make sure you fill out both the RNS player registration form as well as the HCRA Player Health form. You may come to the walk-in registration on Sept. 2 which will include a gear exchange or you can simply mail in your child's registration as per the instructions in the Summer Ringette letter which is attached.

- Walk-in registration: Wed., Sept. 2, 6:30 – 8:30PM, Capt. Wm. Spry Centre, Conference Room #3. Gear exchange and sale. Bring in your used gear and we'll help you sell it. We will also have a number of new items for sale as well (e.g. ringette girdles - \$35; ringette pants - \$15; ringette cages - \$45; bunny/novice ringette sticks - \$20).

IMPORTANT: if you wish for your child to play up in a division higher than her/his age, you must make your request in writing at registration time. Players can also play down if they are not ready to play at their age level: a similar written request should be made.

- Association Pancake Breakfast and late registration: Sat., Sept. 19, 9AM to 12noon, Chocolate Lake Recreation Centre. Contact for this event is Paula Taylor: 868-1336 (Please DO NOT CALL the Chocolate Lake Rec Centre about this event). Volunteers are needed to help with this event and Paula is asking for donations of juice, napkins and other items. More info to follow.

Some notes on the upcoming ringette season:

1. New division names:

Ringette Canada is implementing the Long Term Athlete Development strategy nationwide and this will have a direct effect on our policies and programs. Divisional names have changed and are as follows:

New Division Name	Old Division Name	LTAD Stage of Development
U9	Bunnies	Fundamentals
U10	Novice	Learning to Train 1
U12	Petite	Learning to Train 2
U14	Tween	Training to Train 1
U16	Junior	Training to Train 2
U19	Belle	Training to Compete
18+	Open	Training to Win

The emphasis at the younger levels will be to eventually increase the time players spend developing game skills. We will have more latitude in placing players at the appropriate level despite their age. For example, an appropriately skilled U9 player will be able to play in the U10 division. There will be provincial teams from the U14 (Tween) levels up from now on. At the U14 (Tween) level, provincial team players no longer need to participate in Tween Development as in previous years.

There will be Tiering at the U14 (Tween) level this year like last year. Differentiated Play will be in effect at the U12 (Petite) level again as well as possibly at the Junior/Belle levels too depending on the number of teams in those divisions.

2. HCRA Executive for 2009-2010

President: Open
Past-President: David Cunningham
Vice-President: Jason Duthie
Secretary: Glenda Tourout
Registrar: Susan Nicholson
Treasurer: Wayne Sweet
Director of Officials: John Richardson
Director of Coaches: Peter Mackinnon
Equipment Coordinator: Andrew Winters
Ice Coordinator: Lawrence Fillmore
Fundraising Coordinator: Paula Taylor
Special Events Coordinator: Lisa Robertson
Member at Large 1: open
Member at Large 2: open

Thank you to all those (Executive Members, Coaches, Assistant Coaches, Managers) who are serving your children by making the association work. There are Executive Board positions open at this time. Please consider serving on the HCRA Executive Board. Open positions are for one year only.

3. Come Try Ringette: We are planning a Come Try Ringette session for Sunday, Sept. 13 at the Forum (to be confirmed). Please mark that on your calendar, it is an opportunity for friends of your child to come and see what ringette is all about. In fact, prospective players can attend any Come Try Ringette event in Nova Scotia. Consult the Come Try Ringette web site: (<http://www.cometryringette.ca>) for information on upcoming events and for registration instructions.

Keep up to date on ringette related items by visiting the Ringette Nova Scotia web site at: <http://www.ringette.ns.ca>

Sincerely,

David Cunningham
Past-president, HCRA